



WORD UP

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OVERVIEW

Do you ever listen to yourself teach? Are you like me and quite often use your same key words over and over? Are you looking for more “words” and ways to supplement your instructor toolbox? This lecture – I mean GAME – is for you! Unleash your competitive spirit and share some of your “same old” that may be new to all of us! Everyone comes out a winner, as the takeaway is a multitude of new ways to say the same thing. Come play Word Up and elevate your teaching and verbiage and maybe even win a prize!

OBJECTIVES

1. Participants will explore the power of language when coaching a class.
2. Attendees will develop and share ways to say the “same thing” differently.
3. Experience a fast-paced competitive word game that will enhance your instructor skills.

SUMMARY

Let’s take something that can seem tedious and boring and make it fun...and competitive! In this language workshop, you will work with a team to come up with synonyms to commonly used Spinning® instructor words and phrases. When all is said and done, we will have wall-papered the room with new ways to say the same thing. Bring your brain and competitive spirit to this session. Everyone leaves a winner in the end! (and yes, there will be an actual winning team crowned).

**Please remember to submit a session evaluation.
Your feedback is important to us! WSSC 2019**